



Carrie Brown, Ph.D. (She/Her/Hers)
Director of Counseling
Syracuse University

I was born in Central New York and raised in Western New York by a working-class family. As a first-generation college student I attended Nazareth College of Rochester where I received my bachelor's degree in Psychology. I received my masters and doctoral degrees in Counseling Psychology from the University of Kentucky and completed my pre-doctoral internship at Penn State's Counseling Center. I began my tenure at Syracuse University's Counseling Center in 2012 and have held nearly every position in college counseling including; Staff Therapist, Group therapy coordinator, Sexual and relationship violence support team member, Assistant Director, Clinical Director and as of November 2021, Director. At Syracuse I have been fortunate to have the supervision and mentorship of Dr. Cory Wallack. Dr. Wallack has played a large role in my honing my knowledge, awareness, and skills to oversee the daily operations of our center and to promote integrated holistic health and wellness to our campus community. My passions include LGBTQ+ health and wellness and I co-developed our gender affirming care team with our Medical Director in 2019. My clinical specializations include LGBTQ concerns, including Transgender mental health, relationship/sexual violence/trauma, identity development, substance abuse, first-generation college students and group therapy. I am committed to social justice work and activism as well as the training of new professionals and have been actively involved in the supervision and training of graduate students. Having worked in college mental health for over a decade has provided me with first-hand knowledge of the evolving demands of the field as such I am committed to being a part of organizations such as AUCCCD that advocates for college student health and wellness and supporting the professionals who do the work. As Director at Syracuse I strive to create a culture of holistic wellness for our students and staff with the hope of diminishing the burnout that is all too common within our field. I would like to bring my years of services and knowledge to the AUCCCD Board and contribute to the excellent tradition of fostering best practices among college mental health. It is my belief that without organizations such as AUCCCD we would lack the continued education and support to thrive, because of this I feel a commitment to join the Board with the hope of making a meaningful contribution. I believe that my leadership, supervision, and clinical skills/experiences, passion for working with college students, and strong focus on DEIA align perfectly with the missions and values of AUCCCD. Although new to the role of Director, college mental health has been an important part of my professional identity for many years, and I am excited about this opportunity in my professional development and I believe that serving on the Board would be an excellent match with my professional strengths, personal values, and commitments. Thank you for this opportunity to consider my nomination and I would be honored if chosen to serve.