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For the last thirteen years, I have enjoyed working alongside many experienced practitioners and building sustainable mental health programs as a clinical leader and supervisor. After serving as a staff therapist, clinical supervisor, and faculty member for many years, I have recently transitioned into the incredible role of Director of Counseling Services at the State University of New York (SUNY) at Geneseo.

In the three years prior, I served as both the inaugural Embedded Therapist within the College of Science at RIT and served as an interim Associate Director of Training within our master's and doctoral internship program. During that time, I provided leadership and supervision to all facets of our training curriculum and staff clinical supervisors. We integrated reflective group supervision for our staff supervisors and transitioned our training program to a short-term model under my guidance. These were experiences that were invaluable and shaped my clinical and leadership skills that ultimately prepared me to shift into the role of Director.

I am committed to strengthening workplace culture and advancing diversity, equity, and inclusion (DEI) initiatives as they are issues that are deeply personal and have had a profound impact on my life. At RIT, I co-founded our Black Mental Health Matters conference and developed a new course within the DEI Cultural Humility certificate program. Both programs I am already in the midst of creating here at my new institution.

As a new Director, I walked into a system that was steep in traditions, practices, and procedures that weren't always effective or part of a healthy, interdisciplinary-respectful system. As such, it was imperative to focus on cultivating a strong identity and sense of respect across the Counseling Center's team. I outlined that we, as a team, needed to strive to be short-term guided in our treatment, relationally rounded, interpersonally collaborative, and critically self-reflective with each other in order to increase our flexibility and compassion. Over the last five months we made huge strides that required many members to stretch professionally, while also leaning into their expertise in new ways.

I am seeking a position on the Board of Directors within AUCCCD to offer the perspective of a new Director and be able to learn and join such a supportive network of colleagues. I enjoy collaborating with others, am open and flexible to new ideas, and enjoy being challenged. Thank you for your consideration,