

The Association for University and College Counseling Center Directors Annual Survey

Reporting period: September 1, 2013 through August 31, 2014

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The AUCCCD Annual Survey and Report Overview

The Association for University and College Counseling Center Directors (AUCCCD) is the international organization for counseling center directors comprised of universities and colleges from the United States, Canada, Europe, the Middle East, Asia, and Australia, comprised of 737 members as of this survey period. The mission of AUCCCD is to assist directors in providing effective leadership and management of campus counseling centers. The organization promotes college student mental health awareness through research, dissemination of key campus mental health issues and trends, and related training and education, with special attention to issues of changing demographics including diversity and multiculturalism. In 2006, AUCCCD developed and administered the Annual Survey to its membership as a means to increase the objective understanding of those factors critical to the functioning of college and university counseling centers.

In December, 2014 all college and university counseling center administrators, identified in the Higher Education Directory, were invited to participate in the Annual Survey. The survey was administered to 1708 verified email accounts via a secure internet interface. The reporting period for the 2014 Annual Survey varies among administrators, reflecting variations in organization specific annual reporting periods. All participants had reporting periods ranging from July 1, 2013 through June 30, 2014 to September 1, 2013 through August 31, 2014. This monograph serves to provide a summary of data trends reported in the AUCCCD Annual Survey. Participants have access to the online reporting features of the survey including data filtering and export. Additionally, AUCCCD members have access to a separate comparable salary table and items that access ethical dilemmas and legal issues. A total of 499 counseling center administrators completed the 2014 survey, of which 389 were AUCCCD members.

To create broad utility and make available a wide scope of information, narrative explanations were limited. Please direct all questions, comments, and clarifications to the AUCCCD Survey Coordinator at:

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	Alcohol and Other Drugs (AOD) Prevention Programs
	Clinical Staff Work Distribution
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Acknowledgments and Participating Institutions

This report is the amalgamation of efforts put forth by countless individuals. On behalf of AUCCCD, the Survey Research Team thanks the 5,319,218 students served by the institutions represented in this survey and the 338,744 students who demonstrated the resolution to utilize 2,019,055 clinical mental health service hours during the 2013-2014 academic year. Additionally, we thank the tireless efforts of the 3,599 staff members, 868 trainees, and hundreds of support staff captured in this survey. Effective collegiate mental health service delivery would not be possible without the on-going support of the many Provosts, Vice Presidents, Vice Chancellors, Executive Directors, and Deans. We thank you as well. Finally, we want to extend a deep appreciation to all the counseling center directors who took time out of their incredibly complex schedules to participate; this survey, ultimately, is for your students, counseling center, and campus. The following institutions of higher education represent each participating director:

Abilene Christian University Abraham Baldwin College Adams State University Adelphi University Alberta College of Art and Design American University Anderson University Angelo State University Appalachian State University Arizona State University Atlanta Metropolitan State College (AMSC) Auburn University Augustana College Aurora University Babson College Bastyr University

Baylor University Bellarmine University Belmont University **Benedict College** Benedictine College Bentley University Berkeley College - New York City Campus Berkshire Community College Berry College Binghamton University (SUNY Binghamton) Blessing-Rieman College of Nursing Boise State University Bowdoin College Bowling Green State University

Brandeis University

Brescia University Bridgewater State University Brigham Young University Brookdale Community College Bucknell University Buena Vista University Butler University CA State Polytechnic University, Pomona Cabrini College Cal State Fullerton California College of the Arts California State University Long Beach

California State University Monterey Bay

California University of PA

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Calvin College Canisius College Carnegie Mellon University Carthage College Centenary College Centenary College of LA Central College Central Michigan University Centre College Chapman University Charleston Southern University Chatham University Clark Atlanta University Clayton State University Clemson University Cleveland State University Coastal Carolina University Colby College Colgate University College for Creative Studies College of St. Scholastica College of Staten Island (CUNY) College of the Ozarks College of William and Mary Colorado School of Mines Colorado State University Columbia University in the City of New York Columbus College of Art & Design

Columbus State Community College Community College of Beaver County Conception Seminary College Concordia University Concordia University Chicago Concordia University Texas Connecticut College Cornell College Cornell University Cornish College of the Arts Creighton University Culver Stockton College Curtin University Daemen College Dalton State College Delaware State University Delaware Valley College DePaul University Des Moines University DeSales University Dickinson College Dominican University of CA Drexel University Duke University Dutchess Community College East Carolina University East Central University

Eastern Kentucky University Eastern Michigan University Eastern Washington University Eckerd College Edgewood College Edinboro University Elizabeth City State University Elizabethtown College Elmhurst College Embry-Riddle Aeronautical University Emmanuel College Endicott College Est Tennessee State University Felician College Fitchburg State University Florida Atlantic University Florida Gulf Coast University Florida International University Florida State University Fordham University Framingham State University Franklin & Marshall College Fresno City College

East Stroudsburg University

of Pennsylvania

Frostburg State University

Furman University

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George Fox University George Mason University Georgetown University in Qatar Georgia College & State University Georgia Highlands College Georgia Institute of Technology Georgia Southern University Georgian Court University Golden Gate University Governors State University Grays Harbor College Green Mountain College Greensboro College Guilford College Gwynedd Mercy University Hamilton College Hampden-Sydney College Harcum College Hartwick College Hastings College Haverford College Hiram College Hobart & Wm Smith Colleges Hocking college Holy Family University Hunter College of CUNY Illinois College Illinois State University

Illinois Wesleyan University Immaculata University Indiana State University Indiana University Indiana Wesleyan University INSEAD Iowa State University Ithaca College IUPUI Johns Hopkins University Johnson & Wales University Providence Kalamazoo College Kansas State University Kennesaw State University Kent State University Keuka College Knox College Kutztown University Kwantlen Polytechnic University Lafayette College Lancaster Bible College Langston University Laroche College LasellCollege Lawrence University Le Moyne College Lebanon Valley College Lee University Lehigh University

Lesley University Lim College Longwood University Loyola Marymount University Loyola University Chicago Loyola University Maryland Luther College Lyon College Manhattan College Mansfield University Marquette University Maryland Institute College of Art Marymount California University Marymount Manhattan College Marymount University Maryville University Massachusetts College of Art and design Mass Bay Community College McMaster University McNeese State University Meharry Medical College Mercer University - Macon campus Merrimack College Metropolitan State University Metropolitan State University of Denver

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Miami University Michigan State University Middlebury College Mills College Milwaukee School of Engineering Minneapolis College of Art and Design (MCAD) Misericordia University Mississippi University for Women Missouri State University Missouri University of Science and Technology Monmouth University Monroe Community College Montclair State University Moody Bible Institute Morehead State University Morgan State University Mount St. Joseph University Murray State University Nazareth College Neumann University New College of Florida New Mexico State University New York City College of Technology, CUNY New York Institute of Technology New Jersey City University Nichols College

and Technical State University North Carolina State University North Central College North Dakota State University North Greenville University North Seattle College Northeastern Illinois University Northern Arizona University Northern Essex Community College Northern Illinois University Northwest Missouri State University Northwest University Northwestern College Northwestern College Northwestern University Notre Dame College Notre Dame de Namur University Oakland University Oakton Community College Ohio State University - ATI Ohio University Old Dominion University Olivet Nazarene University Oral Roberts University Oregon Institute of Technology

North Carolina Agricultural

Otis College of Art and Design

Ouachita Baptist University

Oxford College of Emory University

Ozarks Technical Community College

Pace University - New York City

Pace University, Westchester Campuses

Penn State University

Pepperdine University

Pittsburg State University

Pratt Institute

Princeton University

Providence College

Purdue University

Randolph-Macon College

Ramapo College

Randolph College

Reed College

Regis University

Rhode Island College

Rhodes State College

RI School of Design

Ringling College of Art and Design

Ripon College

Rivier University

Robert Morris University

Rockhurst University

Roger Williams University

Rollins College
Roosevelt University
Rush University
Rutgers University - Newark
Rutgers University- Camden
Saint Martin's University
Saint Peter's University
Saint Xavier University
Salem College
Salem State University
Salisbury University
Salve Regina University
Sam Houston State University
Samford University
San Jose State University
Santa Rosa Junior College
Savannah College of Art and Design
School for International Training
School of Museum of Fine Arts
School of the Art Institute of Chicago
Seton Hall University
Shawnee State University
Simpson College
Simpson University
Slippery Rock University
Snow College
Sonoma State University

South Dakota School of Mines and Technology Southeast Missouri State University Southern Methodist University Southern Oregon University Southern Polytechnic State University Southern University and A&M College Southern Utah University Southern Vermont College Southwestern Assemblies of God University Southwestern University Spalding University Springfield College St. Cloud State University St. George's University St. Mary's College of Maryland St. Norbert College St. Olaf College State Technical College of Missouri State University of New York at Delhi Stetson University, DeLand Campus Stony Brook University SUNY College at Old Westbury SUNY Cortland SUNY Geneseo

SUNY Oneonta SUNY Orange SUNY Purchase College Sweet Briar College Syracuse University Tallahassee Community College Texas A&M University Texas Christian University Texas State University Texas Tech University Thaddeus Stevens College of Technology The California Maritime Academy The Catholic University of America The Citadel The College at Brockport, SUNY The College of Idaho The College of New Jersey The Culinary Institute of America (Hyde Park) The Ohio State University The University of Findlay The University of Texas at

Austin The University of Texas at Tyler

Thomas Jefferson University

Toccoa Falls College

Tougaloo College

Towson University Trinity University Truman College Truman State University Tufts University Tulane University UC Riverside UMass Dartmouth Union College United States Naval Academy University of Wisconsin-Milwaukee Universities at Shady Grove University at Albany University at Buffalo University of Akron University of Alabama University of Alberta University of Arkansas University of California Santa Cruz University of California, San Diego University of Central Florida University of Central Missouri University of Chicago University of Colorado at Boulder University of Connecticut University of Dayton University of Delaware

University of Denver University of Evansville University of Florida University of Georgia University of Houston-Clear Lake University of Idaho University of Illinois at Chicago University of Illinois at Urbana-Champaign University of Indianapolis University of Iowa University of Kansas Medical Center University of Kentucky University of Louisville University of Mary Washington University of Maryland Baltimore University of Maryland Baltimore County (UMBC) University of Maryland, College Park University of Memphis University of Miami University of Michigan-Flint University of Minnesota University of Mississippi University of Missouri Kansas City University of Missouri--St. Louis

University of Missouri, Columbia

University of Montana

University of Montevallo

University of Nebraska-Lincoln

University of New Mexico

University of North Alabama

University of North Carolina at Charlotte

University of North Carolina Chapel Hill

University of North Dakota

University of North Florida

University of Northern Iowa

University of Notre Dame

University of Pennsylvania

University of Pittsburgh-Bradford

University of Puerto Rico at Aguadilla

University of Puerto Rico, Rio Piedras Campus

University of Puget Sound

University of Rhode Island

University of Rochester

University of San Diego

University of San Francisco

University of South Carolina

University of South Dakota

University of South Florida St Petersburg

University of Southern Indiana

University of St. Francis

University of St. Thomas

University of Tennessee Chattanooga

University of Tennessee Knoxville

University of Texas at Dallas

University of The Incarnate Word

University of Utah

University of Vermont

University of Virginia

University of Washington Bothell

University of West Florida

University of West Georgia

University of Wisconsin -Green Bay

University of Wisconsin -Superior

University of Wisconsin-La Crosse

University of Wisconsin-Madison

University of Wisconsin-Platteville

University of Wisconsin-River Falls University of Wisconsin-Stevens Point University of Wisconsin-Stout University of Wyoming Upper Iowa University Ursinus College Utica College Valley Forge Military College Valparaiso University Vanderbilt University Vassar College Villanova University Vincennes University Virginia State University Virginia Wesleyan College Wake Forest University Warren Wilson College Washington State University Washington University In Saint Louis Wayne State College Wayne State University Weber State University Webster University

Wellesley College

Wesleyan University

West Chester University of Pennsylvania

West Virginia University

Western Carolina University

Western Connecticut State University

Western Illinois University

Western Kentucky University

Western Technical College

Western Washington University

Western Wyoming Community College

Wheelock College

Whitworth University

William Woods University

Wilson College

Winston Salem State University

Worcester Polytechnic Institute

Wright State University

Executive Summary

A total of 497 counseling center directors completed the 2014 AUCCCD survey. Among participants, 389 indicated current membership to the Association for University and College Counseling Center Directors (AUCCCD). This represents a 52.8% return rate for membership.

The top three groups of directors when considering years of experience were 0-3 years (29.8%), 15 years and above (24.1%), and 4-6 years (15.7%).

Sixteen percent (15.5%) of directors identified as non-white.

Female directors as an increasing majority (60.1%) have remained unchanged from 2013.

Ten percent (10.4%) of directors identified as Gay, Lesbian, or Bisexual.

Fifty-six percent (55.7%) of directors reported their highest degree Ph.D., 27.6% Master's degree, 11.1% Psy.D., 3.0% Ed.D., .8% M.D. Six-three percent (63.1%) were a licensed psychologists.

Public and private institutions were equally represented (44% respectively), with an additional 5.6% representing community colleges (n=28), 2.2% art schools (n=11), 1.6% professionals schools (n=8), and 1.8% other (n=9). Participants in each group have increased from 2013.

Three percent (2.6%) of directors were from Historically Black Colleges or Universities and 11.7% were from Hispanic Serving Institutions.

Twenty-three percent (23.0%) of directors reported their centers were accredited by IACS (International Association of Counseling Services).

Sixty-eight percent (67.6%) of directors reported having a training program at their center.

Twenty-six percent (26.2%) of directors reported their centers were administratively integrated with a health service.

More than half (53.5 %) of directors report directly to a VP for Student Affairs and another 30.25% report to a Dean of Students.

Sixty-seven percent (66.6% in 2012) of directors reported their staff is required to be licensed, and 93.9% reported they are required to become licensed to continue practicing.

In addition to AUCCCD, counseling center directors represent membership in 51 additional professional organizations, most prevalent in the American Psychological Association (39.6%), Center for Collegiate Mental Health (25.2%), American College Counseling Association (21.9%), and Student Affairs Administrators in Higher Education (NASPA) (18.1%).

The majority of counseling center salary budgets increased (59.5%), while many others have remained unchanged (34.2%). The majority of operating budgets remained unchanged (62.7%), while 19.3% increased.

One percent (1.3%) of directors reported having a lawsuit filed against their center in the past year (n=6).

Fifty-four percent (54.2%) of directors reported gaining professional clinical or psychiatric staff during the past year, representing an increase from 30% in 2013. Another 37.3% remained the same.

Nine percent (8.5%) of directors reported losing professional clinical or psychiatric staff during the past year.

Counseling centers continue to gain staff member FTE at a much higher level than those losing staff (gained 5.6 staff for every 1 lost).

Current clinical staff was identified as 73.8% White, 8.7% Black, 7.5% Latino/a, 6.3% Asian, 1.8% multiracial, 1.2% other, and 0.6% Native American. New hires were identified 70.2% White, 10.0% Black, 7.7% Latino/a, 7.5% Asian, 2.5% multiracial, 1.7% other, and 0.4% Native American

Counseling center staff spend an average of 61% their time providing direct clinical service, 22% indirect service (training, supervision, consultation, outreach), 13% administrative service (meetings, committee work, professional development, and 3% other (teaching, research).

The average student to paid clinical staff ratio reveals a consistent and inverse relationship to total student body size. Additionally, the student:staff ratio, together with percentage of student body living on-campus, best predicts utilization rate.

Eight percent (7.9%) of centers charged a fee for personal counseling, and an additional 6.9% charge a fee after a determined number of sessions. Four percent (3.4%) collected third-party payments for services.

Sixteen percent (16.0%) of counseling center directors also serve as chief administrator over health services. Conversely, 8.5% of directors report to the chief administrator over health services.

Anxiety continues to be the most predominant and increasing concern among college students (47.4%), followed by depression (39.7%), relationship problems (33.7%), suicidal ideation (18.2%), self-injury (12.1%), and alcohol abuse (8.5%).

On average, 25.2% of students seeking services were taking psychotropic medications.

Fifty-five (54.5%) of directors reported that psychiatric services are offered on their campus, of which 33.55 were housed in the counseling center.

Some form of tele-psychology was offered by 6.6% of counseling centers.

Service utilization by diverse groups is generally proportionate to the general student body as it has been in previous years. The notable deviation continues to be with male students, only making up 33.9% of clients but comprise 43.8% of the student body.

Among students reporting if Counseling Services helped with their academic performance, 70% responded positively.

Fifty-three (53.4%) of directors indicated their center would continue to use the DSM diagnostic model. Another 11.9% indicated they have transitioned or are transitioning to the ICD model.

On average, transportation time to psychiatric hospitalization is 17 minutes (18 metro; 14 urban; 20 adjacent urban; 31rural).

Institutional Demographics

School Size: Category (D021)	Count	Percent
Under 1,500	67	13.5%
1,501 - 2,500	66	13.3%
2,501 - 5,000	96	19.3%
5,001 - 7,500	51	10.3%
7,501 - 10,000	38	7.6%
10,001 - 15,000	49	9.9%
15,001 - 20,000	37	7.4%
20,001 - 25,000	32	6.4%
25,001 - 30,000	24	4.8%
30,001 - 35,000	13	2.6%
35,001 and over	24	4.8%

School Status (D023)	Count	Percent
Four-year public university	190	38.2%
Four-year private university	133	26.8%
Four-year private college	89	17.9%
Four-year public college	29	5.8%
Two-year community college	28	5.6%
Art School (e.g. Culinary, Music, Design, etc.)	11	2.2%
Professional School	8	1.6%
Other (Specify Below)	6	1.2%
Both four-year public and private university	3	0.6%

School Location (D019)	Count	Percent
Metropolitan Inner-City Campus	40	8.0%
Urban Campus - Inside a city or town	214	43.1%
Urban Adjacent Campus - Easy access to urban environment	107	21.5%
Rural Setting Campus - More distant access to urban environment	132	26.6%
Other	4	0.8%

How long (in minutes) does it take to transport a student to any meaningful form of psychiatric hospitalization (D019) (SA473)	Mean	Min	Max
Metropolitan Inner-City Campus	18	5	120
Urban Campus - Inside a city or town	14	2	120
Urban Adjacent Campus - Easy access to urban environment	20	1	120
Rural Setting Campus - More distant access to urban environment	31	1	120
Other (Specify Below)	33	20	60

	Yes	Percent
Is your college/university considered a historically black college or university? (D026)	13	2.6%
Is your college/university considered a Hispanic serving institution? (D027)	57	11.7%

	Yes	Percent
Does your college/university provide domestic partner benefits? (D028)	323	68.6%
Does your college/university include sexual orientation in its nondiscrimination statement? (D029)	424	89.8%

What percentage of your student body lives on-campus?					
	Count Mean Minimum Maximum				
Under 1,500	67	68	0	100	
1,501 - 2,500	66	65	0	98	
2,501 - 5,000	96	44	0	100	
5,001 - 7,500	51	37	0	80	
7,501 - 10,000	38	32	0	98	
10,001 - 15,000	49	36	0	99	
15,001 - 20,000	37	23	0	60	
20,001 - 25,000	32	25	0	75	
25,001 - 30,000	24	25	3	53	
30,001 - 35,000	13	32	9	91	
35,001 and over	24	18	3	35	

Director Demographic

Total Years as a Director	(D005)	Count	Percent
0-3 years		148	29.8
4-6 years		78	15.7
7-9 years		60	12.1
10-12 years		56	11.3
13-15 years		35	7.0
15+ years		120	24.1
Total		497	100.0

Directors' Sex (D007)	Count	Percent
Male	197	39.9
Female	297	60.1
Total	494	100.0

	Direc	ctors by Years a	nd Sex (D005 x D	007)
	Mal	е	Female	
	Count	Percent	Count Percent	
0-3 years	51	25.9%	97	32.7%
4-6 years	30	15.2%	48	16.2%
7-9 years	27	13.7%	33	11.1%
10-12 years	22	11.2%	34	11.4%
13-15 years	15	7.6%	20	6.7%
15+ years	52	26.4%	65	21.9%

Directors' Sexual Orientation (D008)	Count	Percent
Gay man	21	4.4
Lesbian	20	4.2
Bisexual	9	1.9
Heterosexual	430	89.6
Total	480	100.0

Director Racial/Ethnic Background (D006)	Count	Percent
Black/African American	35	7.0
American/Indian/Native American	1	.2
Asian/Asian American	17	3.4
Latino/Latina	14	2.8
White/Caucasian	420	84.5
Multiracial	7	1.4
Other	3	.6
Total	497	100.0

Directors' Citizenship Country (D018)	Count
United States	486
Canada	4
Australia	1
Trinidad and Tobago	1
Japan	1
Singapore	1

Directors with Disability (MR009)	Count
Attention Deficit/Hyperactivity Disorders	11
Deaf or Hard of Hearing	6
Learning Disorders	4
Mobility Impairments	0
Neurological Disorders	2
Physical/Health Related Disorders	6
Psychological Disorder/Condition	10
Visual Impairments	5
Other	0

Directors' Highest Degree (D010)	Count	Percent
Ph.D.	277	55.7%
Psy.D.	55	11.1%
Ed.D	15	3.0%
M.D	4	0.8%
Masters	137	27.6%
Other	9	1.8%

Directors' Professional Identity (D011)	Count	Percent
Clinical psychologist	135	27.4%
Counseling psychologist	174	35.3%
Other licensed psychologist	2	0.4%
Social Work (MSW, LCSW, D.S.W)	41	8.3%
Marriage and family therapist	10	2.0%
Professional counselor	104	21.1%
Other Mental health professional	6	1.2%
Psychiatrist	4	0.8%
Nurse Practitioner	3	0.6%
Nursing	1	0.2%
Administrator	7	1.4%
Other	6	1.2%

Directors' Licensure (D012)	Count	Percent
Psychologist	311	62.6%
Social Work (MSW, LCSW, D.S.W.)	42	8.5%
Marriage and family therapist	8	1.6%
Professional counselor	104	20.9%
Other Mental health professional	8	1.6%
Psychiatrist	4	0.8%
Nurse Practitioner	3	0.6%
Nursing	2	0.4%
Other	15	3.0%

Licensure Requirements (D075-D077)	Yes	Percent
Are counseling center professional staff required to be licensed to practice in you center?	323	66.6%
Are counseling center professional staff expected to become licensed in order to continue practicing in your center?	434	93.3%
Does your center provide to new staff the supervision required for licensure of mental health professionals in your state?	390	82.1%

Direct Report: Student Affairs Division (D013)	Count	Percent
Vice President/Associate VP/ Assistant VP	258	53.5%
Dean of Students/Assistant Dean/Associate Dean	147	30.5%
Director, Health Services	35	7.3%
Other (Specify Below)	42	8.7%

Other Director Report (D013_OT)
Administrative Director of Student Health & Counseling
Assistant Vice Chancellor of Health & Wellness
Associate Chancellor of Student Life
Associate Provost
Commandant
Dean of Christian Ministries
Dean of Spiritual Formation
Director of Support Services
Director of Academic Resources
Director of Student Achievement
Director of Student Services
Director of Student Success and Retention
Director of Student Success Center
Executive Direction, Center for Student Success
Executive Director Health and Wellness and Counseling and Testing Services
Executive Director of Student Health and Counseling Services
Executive Director of Student Health and dotted line to Vice Chancellor of Student Affairs.
Executive Director/Director/Dean/Associate Dean of Wellness Services
President
Provost
Split reporting to Executive Director for Student Health and the Coordinator of Title III funds (grant)
Vice Chancellor
Vice President of Student Services
Vice Provost for Student Experience & Engagement
Vice President of Campus Ministries

Professional Organizations (MR015)	Count	Percent
Association for University and College Counseling Center Directors (AUCCCD)	389	78.3%
Student Affairs Administrators in Higher Education (NASPA)	91	18.1%
ACPA	40	8.0%
Active Minds	63	12.7%
American College Counseling Association (ACCA)	109	21.9%
American Psychiatric Association (APA)	17	3.4%
Assoc. for the Coordination of Counseling Center Clinical Services (ACCCCS)	46	9.3%
American Medical Association (AMA)	0	0.0%
American Mental Health Counselors Association (AMHCA)	15	3.0%
American Psychological Association (APA)	197	39.6%
American Psychological Association (APA) Division 17	70	14.1%
Association of Psychology Postdoctoral and Internship Centers (APPIC)	52	10.5%
Association of Counseling Center Training Agencies (ACCTA)	56	11.3%
Commission for Counseling and Psychological Services (CCAPS)	33	6.6%
Center for Collegiate Mental Health (CCMH)	125	25.2%
Higher Education Mental Health Alliance	7	1.4%
International Association of Counseling Services	88	17.7%
Jed Foundation	76	15.3%

A.K. Rice Institute for the Study of Social Systems
AACAP American Academy of Child & Adolescent Psychiatry
AAPB
ACES
Alberta Educational Counsellors' Association of Alberta
American Association of Community Colleges
American Association of Marriage and Family Therapists
American Association of Suicidology
American College Health Association
American College of Psychiatry and Neurology
American Counseling Association
American Foundation for Suicide Prevention-Monroe County Chapter Board Member
American Group Psychotherapy Association
American Psychological Association - Various Divisions
Association for Counselling Psychologists

Association for University College Counseling Center Outreach
Association of Black Psychologists
Association on Higher Education and Disability
Australian Psychological Society
Canadian Association of College and University Student Services
CCCU
Counsel for the National Register of Health Service Providers in Psychology "National Register"
NAADAC
National Academic Advising Association
National Association of Social Workers
National Behavioral Intervention Team Association
National Eating Disorders Association
NCC
Organization of Counseling Center Directors in Higher Education
Professional Association for Rehabilitation Counselors
Rehabilitation Counseling Association
SEVIS
William Alanson White Institute
Various State Counseling/Psychological Associations

Board Certification (D016 to D017)						
Are you Board Certified?	Yes	12.7%				
If yes, please name certification board (e.g. ASPBB)	Count	Percent				
American Board of Professional Psychology (ABPP)	13	2.6%				
American Board of Psychiatry and Neurology	4	0.8%				
American Board of Examiners in Clinical Social WorkABE	7	1.4%				
National Board of Certified Counselors (NBCC)	20	4.0%				
American Nurses Credentialing Center	2	0.4%				
American Board of Certified Social Workers	1	0.2%				
International Association of Trauma Professionals	2	0.4%				
International Certification & Reciprocity Consortium	1	0.2%				
Business and Organizational Psychology	1	0.2%				
Board of Behavioral Science	1	0.2%				
Georgia Composite Board of Professional Counselors	1	0.2%				
Psychology Board of Australia	1	0.2%				
College of Psychologists of Ontario	1	0.2%				

	How many months of the year do Directors work? (NA045)								
	8.0	8.5	9.0	10.0	10.5	11.0	12.0		
Under 1,500	1.5%	1.5%	11.9%	22.4%	1.5%	7.5%	53.7%		
1,501 - 2,500			3.1%	20.0%	1.5%	10.8%	64.6%		
2,501 - 5,000			3.2%	9.5%	2.1%	3.2%	82.1%		
5,001 - 7,500			3.9%	3.9%		3.9%	88.2%		
7,501 - 10,000			2.6%	2.6%		7.9%	86.8%		
10,001 - 15,000						2.0%	98.0%		
15,001 - 20,000			2.7%	5.4%		2.7%	89.2%		
20,001 - 25,000				3.1%			96.9%		
25,001 - 30,000						4.2%	95.8%		
30,001 - 35,000							100.0%		
35,001 and over						4.2%	95.8%		

Counseling Center Demographics

Do you consider your center a "One-person Counseling Center" (D025)							
	Count Percent Mean Minimum Maximur Enrollment Enrollment Enrollment						
Yes	44	9.0%	2351	97	19887		
No	446	91.0%	11608	280	72000		

Professional Staff Demographics (NA078 to NA092)							
	Mean	Minimum	Maximum	Sum	Percentage		
Black/African American	.63	0	8	305	8.7%		
Indian/Native American	.05	0	4	23	0.6%		
Asian/Asian American	.45	0	7	219	6.3%		
Latino/Latina	.54	0	22	263	7.5%		
White/Caucasian	5.32	0	44	2585	73.8%		
Multiracial	.13	0	5	62	1.8%		
Other Race/Ethnicity	.09	0	4	44	1.2%		
Male	2.06	0	19	999	28.3%		
Female	5.18	0	35	2519	71.5%		
Transgender	.01	0	2	7	0.1%		
Gay	.26	0	10	128	4.1%		
Lesbian	.36	0	8	175	5.6%		
Bisexual	.14	0	5	69	2.2%		
Heterosexual	5.67	0	34	2755	88.1%		
Diagnosed Disability	.37	0	6	181	5.1%		

Professional Staffing FTE (NA190-NA197)						
	Minimum	Maximum	Sum			
Clinical psychologist	.08	18.40	763.56			
Counseling psychologist	.21	23.00	847.50			
Marriage and family therapist	.08	3.75	53.17			
Professional counselor	.08	11.21	651.32			
Social Work (MSW, LCSW)	.15	14.10	412.47			
Psychiatrist	.01	7.00	135.07			
Psychiatric Nurse Practitioner	.04	3.15	39.65			
Other mental health professional	.10	8.10	83.37			
TOTAL STAFF			2986.06			

NEW HIRE: Professional Staff Demographics (NA093 to NA108)								
	Mean	Minimum	Maximum	Sum	Percent			
Black/African American	1.07	1	2	48	10.0%			
Indian/Native American	1.00	1	1	2	0.4%			
Asian/Asian American	1.13	1	2	36	7.5%			
Latino/Latina	1.23	1	4	37	7.7%			
White/Caucasian	1.59	1	11	337	70.2%			
Multiracial	1.00	1	1	12	2.5%			
Other Race/Ethnicity	1.00	1	1	8	1.7%			
Male	1.31	1	8	112	24.1%			
Female	1.70	1	11	351	75.6%			
Transgender	1.00	1	1	1	0.2%			
Gay	1.05	1	2	21	5.6%			
Lesbian	1.05	1	2	21	5.6%			
Bisexual	1.00	1	1	6	1.6%			
Heterosexual	1.83	1	10	324	87.1%			
Diagnosed Disability	1.22	1	3	22	4.7%			

Did you have any NEW HIRES this past year? (D093)							
	Count	Percent	Sum				
Yes	263	54.2%					
No	222	45.8%					
New Staff Total (Not FTE)			463				
Total FTE Gained			236				
Gained FTE? Professional/Clinical		54.2%	128				
Gained FTE? Psychiatric Nurse Practitioner		2.6%	6				
Gained FTE? Psychiatrist		2.6%	6				
Gained FTE? Psychiatric Resident		0	0				
Gained FTE? Professional/Non-Clinical		4.7%	11				
Gained FTE? Case Manager		5.1%	12				
Gained FTE? Support		9.8%	23				
Gained FTE? Pre-Doctoral Intern		8.5%	20				
Gained FTE? Post Doc		7.2%	17				
Gained FTE? Other		6.0%	14				

Did you loss any staff this past year? (NA177-NA186)						
Count Percent Sum						
Yes	41	8.3%				
No	456	45.8%				
Total FTE Lost			42			

Do the following positions exist in the center? (MR187)								
	Count	Percent						
Director	459	92.4%						
Training Director	159	32.0%						
Assistant/Associate Director	226	45.5%						
Clinical Director	115	23.1%						
Coordinator	117	23.5%						
Group Coordinator	113	22.7%						
Professional Staff	380	76.5%						
Psychiatrist	157	31.6%						
Psychiatric Nurse Practitioner	66	13.3%						
Psychiatric Resident	25	5.0%						
Case Manager	122	24.5%						
Clinical Graduate Assistant	77	15.5%						
Non-Clinical Graduate Assistant	53	10.7%						
Pre-Doctoral Interns	146	29.4%						
Post-Docs	78	15.7%						

Is your case manager located in the counseling center?								
	Count	Percent						
Yes	72	14.5%						
No	57	11.5%						
If not located in counseling center, where located?								
Dean of Students	28	7.1%						
Chief Student Life/Student Affairs Officer	18	4.6%						
Student Health Services	6	1.5%						
Judicial Affairs	2	.5%						
Other	3	.8%						

Other Positions:
Accessibility/Disability Services Coordinator/Advisor
AOD
Billing Coordinator
Clinical Referral Coordinator
Coordinator of eating disorder counseling services
Coordinator of LGBT counseling services
Coordinator of Multicultural Counseling
Crisis Counselor/Coordinator/Specialist
Dietitian/Nutritionist
Employment/Career Advisors
Family Nurse Practitioner
Health Educator/Promotions/Wellness
LVN
Medical Director
Mental Health Assistant (Medical Assistant who works with mental health staff)
Military Services Coordinator
Non mental health faculty/staff member
Outreach Coordinator
Practicum Coordinator
Practicum/Intern/Extern/Fellow/Peer Helpers
Psychiatric Physician Assistant
Psychiatry Administrative Support person
Referrals Coordinator
Registered Nurses
RN dedicated to part-time psychiatrist
Sexual Assault Program Coordinator
Student-Athlete Services Coordinator/Provider
Suicide prevention coordinator
Support Staff/Office Manager
Triage Therapist

	-	raining program? 048)	If you have a psychology internship program, is it APA accredited? (D063)		
	Count	Percent	Count	Percent	
Yes	331	67.6%	85	35.6%	
No	159	32.4%	154	64.4%	

Trainee FTE (NA049-SA062)									
	Count	Mean	Min	Max	Sum				
Practicum FTE:	287	1.33	.10	7.66	382.86				
Pre-doctoral Psychology Intern FTE:	134	2.50	.19	5.25	334.95				
Post-doctoral Psychologist FTE:	87	1.68	.06	6.00	146.35				
Post-doctoral Psychiatric Resident FTE:	18	.45	.06	1.68	8.14				
Social Work Intern FTE:	65	.72	.12	2.32	47.12				
Counseling Intern FTE:	83	.77	.10	4.00	64.15				
Marriage & Family Practicum/Internship FTE:	11	.85	.15	2.51	9.35				
Clinical Graduate Assistant (Paid) FTE:	35	.93	.38	2.66	32.55				
Masters Level Practicum/Internship FTE:	89	.96	.10	5.00	85.47				
Other FTE:	21	.83	.15	5.00	17.42				
Sum of Pre-degree Trainee FTE (SA060)	310	2.30	.10	10.60	714.05				
Sum of Post-degree Trainee FTE (SA061)	94	1.64	.06	6.00	154.48				
Total Sum of Trainee FTE (SA062)	324	2.68	.10	11.90	868.52				

Professional Staff and Trainee Total FTE	Min	Max	Sum	Mean
	0.56	61.10	3858.61	7.9723

Paid Professio	Paid Professional Staff Total by School Size and Status (FTE TOTAL x D021 x D023)										
	Comm./ Tech. College	Art Schools	4-year public U	4-year public college	4-year private U	4-year private college	Both public and private	Other			
Under 1,500	1.00	3.70	1.13	1.00	1.84	1.68		1.38			
1,501 - 2,500	3.25	3.50	1.83	3.15	2.93	2.79	1.00	2.50			
2,501 - 5,000	2.00	5.72	3.46	3.38	3.08	2.77		2.11			
5,001 - 7,500	2.50		4.15	4.23	4.85	5.99		4.67			
7,501 - 10,000	6.70	9.59	4.36	4.33	7.34	8.00	7.00	5.00			
10,001 - 15,000	4.00	5.20	7.26	4.50	10.51	11.34					
15,001 - 20,000	3.25		10.12	6.94	12.24	10.00		3.00			
20,001 - 25,000	2.33		10.02	12.00	14.34		28.83				
25,001 - 30,000			11.87		23.90						
30,001 - 35,000			15.31								
35,001 and over			20.76								

Traine	Trainee Staff Total by School Size and Status (SA062 x D021 x D023)										
	Comm./ Tech. College	Art Schools	4-year public U	4-year public college	4-year private U	4-year private college	Both public and private	Other			
Under 1,500				.40	.79	1.21		.56			
1,501 - 2,500		1.21	1.90	.38	1.01	.99	2.00	.84			
2,501 - 5,000	1.00	4.00	1.20	1.48	1.04	1.31		.80			
5,001 - 7,500	.79		1.15	.85	2.63	1.25					
7,501 - 10,000	2.50	5.00	1.94	1.48	2.35		3.42	.27			
10,001 - 15,000		2.66	2.32	.38	4.78						
15,001 - 20,000	1.60		3.39		4.23	3.40		.94			
20,001 - 25,000	4.14		3.25	6.30	5.68		2.42				
25,001 - 30,000			3.45		6.27						
30,001 - 35,000			6.00								
35,001 and over			5.95								

Pro	Professional and Trainee Staff Total by School Size and Status (Professional and Trainee Total FTE x D021 x D023)									
	Comm./ Tech. College	Art Schools	4-year public U	4-year public college	4-year private U	4-year private college	Both public and private	Other		
Under 1,500	1.00	3.70	1.13	1.40	2.14	2.03		1.44		
1,501 - 2,500	3.25	3.54	2.47	3.41	3.01	3.17	3.00	1.95		
2,501 - 5,000	2.25	7.72	3.74	4.42	3.74	3.47		2.51		
5,001 - 7,500	3.29		4.92	5.08	6.73	7.24		4.67		
7,501 - 10,000	9.20	14.59	5.81	5.81	8.99	8.00	10.42	5.27		
10,001 - 15,000	4.00	7.86	9.24	4.69	15.29	11.34				
15,001 - 20,000	4.05		12.54	6.94	16.46	13.40		1.97		
20,001 - 25,000	5.09		11.61	18.30	18.88		31.25			
25,001 - 30,000			14.82		30.17					
30,001 - 35,000			21.30							
35,001 and over			26.71							

Students to Staff Ratios								
						Percent	tile	
	Mean	Min	Max	5th	25th	75 th	95 th	99th
Professional Staff	1833	97	19887	465	900	2100	4552	11500
Trainee and Professional Staff	1459	97	19887	383	750	1677	3559	7666

	Student : Staff Ratio	Student : Staff & Trainee Ratio
	Mean	Mean
Under 1,500	741.62	667.79
1,501 - 2,500	918.55	763.98
2,501 - 5,000	1600.59	1289.58
5,001 - 7,500	1810.28	1494.49
7,501 - 10,000	1918.95	1523.40
10,001 - 15,000	2202.75	1782.32
15,001 - 20,000	2983.58	2398.16
20,001 - 25,000	3552.53	2467.01
25,001 - 30,000	2323.83	1925.45
30,001 - 35,000	2394.83	1683.82
35,001 and over	2522.81	1935.50

	Student to Staff Ratio by School Size										
	Mean	Min	Max	5 th %ile	25 th %ile	75 th %ile	95 th %ile	99 th %ile			
Under 1,500	742	970	2100	250	420	982	1350	2100			
1,501 - 2,500	919	400	4600	436	565	992	2020	4600			
2,501 - 5,000	1601	467	7857	544	941	1754	4337	7857			
5,001 - 7,500	1810	690	6350	838	1003	2077	3596	6350			
7,501 - 10,000	1919	564	4800	583	1234	2677	3527	4800			
10,001 - 15,000	2203	465	12341	856	1393	2055	7000	12341			
15,001 - 20,000	2984	802	19887	944	1431	2976	9000	19887			
20,001 - 25,000	3553	763	16107	827	1609	3946	11500	16107			
25,001 - 30,000	2323	887	3695	889	1864	2801	3595	3695			
30,001 - 35,000	2395	1157	3721	1157	203	2720	3721	3721			
Over 35,001	2523	941	5321	1333	2001	3091	3704	5321			

Student to Staff & Trainee Ratio by School Size								
	Mean	Min	Max	5 th %ile	25 th %ile	75 th %ile	95 th %ile	99 th %ile
Under 1,500	668	97	1687	211	356	900	1350	1687
1,501 - 2,500	764	290	2400	363	528	923	1367	2400
2,501 - 5,000	1290	3890	4933	467	726	1486	3657	4933
5,001 - 7,500	1495	473	6158	609	885	1824	3155	6158
7,501 - 10,000	1523	448	4800	465	1056	1832	2858	4800
10,001 - 15,000	1782	328	12341	606	1002	1604	7000	12341
15,001 - 20,000	2398	560	19887	756	1071	2228	5998	19887
20,001 - 25,000	2467	598	8000	704	1247	2537	7973	8000
25,001 - 30,000	1926	696	3595	750	1425	2533	2997	3595
30,001 - 35,000	1684	878	2511	878	1510	1934	2511	2511
Over 35,001	1936	803	4624	1025	1531	2184	2881	4624

Percent of students served by race/ethnicity	Mean %
Black/African-American - Percent of your centers clients?	11.51
Black/African-American - Percent of your Student Body?	10.18
American Indian/Native American - Percent of your centers clients?	.69
American Indian/Native American - Percent of your Student Body?	.78
Latino/Latina - Percent of your centers clients?	6.09
Latino/Latina - Percent of your Student Body?	5.51
Asian/Asian American – Percent of your centers clients?	8.40
Asian/Asian American – Percent of your Student Body?	8.24
White - Percent of your centers clients?	67.06
White - Percent of your Student Body?	65.34
Multiracial - Percent of your centers clients?	3.33
Multiracial - Percent of your Student Body?	2.06
Other Race/Ethnicity - Percent of your centers clients?	1.11
Other Race/Ethnicity - Percent of your Student Body?	1.27

Percent of students served by sex	Mean %
Male - Percent of your centers clients?	33.89
Male - Percent of your Student Body?	43.80
Female - Percent of your centers clients?	65.09
Female - Percent of your Student Body?	56.17
Transgender - Percent of your centers clients?	.54
Transgender - Percent of your Student Body?	.24

Percent of students served by sexual orientation	
Gay - Percent of your centers clients?	3.84
Gay - Percent of your Student Body?	6.70
Lesbian - Percent of your centers clients?	2.71
Lesbian - Percent of your Student Body?	5.75
Bisexual - Percent of your centers clients?	3.55
Bisexual - Percent of your Student Body?	2.49
Heterosexual – Percent of yours centers clients?	83.64
Heterosexual – Percent of yours Student Body?	84.50

Percent of students served by disability status	
Diagnosed Disability - Percent of your centers clients?	
Diagnosed Disability - Percent of your Student Body?	11.82

Percent of students served by involvement	Mean %
International Student - Percent of your centers clients?	6.67
International Student - Percent of your Student Body?	8.67
Student Athlete - Percent of your centers clients?	11.05
Student Athlete - Percent of your Student Body?	19.17
Greek Affiliated - Percent of your centers clients?	20.84
Greek Affiliated - Percent of your Student Body?	23.89
Military Veterans - Percent of your centers clients?	2.45
Military Veterans - Percent of your Student Body?	3.59
Former Foster Youth - Percent of your centers clients?	2.60
Former Foster Youth - Percent of your Student Body?	4.14
Sexual Assault Survivors - Percent of your centers clients?	11.84
Sexual Assault Survivors - Percent of your Student Body?	12.83

Services, Policies, and Procedures

How many months of the year is your center providing service? (NA043)	Count	Percent
12.0	389	78.4
11.0	12	2.4
10.5	1	.2
10.0	51	10.3
9.5	2	.4
9.0	37	7.5
8.0	4	.8

How many days of the week does your center offer services outside the normal 8am-5pm hours? (LA044)	Count	Percent
0	247	51.8
1	48	10.1
2	49	10.3
3	27	5.7
4	42	8.8
5	41	8.6
6	1	.2
7	22	4.6

	How many months of the year did your center provide services? (NA043)						
	8.0	9.0	9.5	10.0	10.5	11.0	12.0
Under 1,500	4.5%	22.4%	1.5%	20.9%		9.0%	41.8%
1,501 - 2,500		15.2%	1.5%	28.8%		1.5%	53.0%
2,501 - 5,000		8.4%		11.6%		4.2%	75.8%
5,001 - 7,500	2.0%	3.9%		3.9%		2.0%	88.2%
7,501 - 10,000		2.6%		5.3%			92.1%
10,001 - 15,000				2.0%	2.0%		95.9%
15,001 - 20,000		2.7%		5.4%			91.9%
20,001 - 25,000							100.0%
25,001 - 30,000							100.0%
30,001 - 35,000							100.0%
35,001 and over							100.0%

	Yes	Percent
Does your counseling center utilize students in your outreach strategy? (D031)	331	67.4%
Are students directly involved in your counseling centers strategic planning? (D032)	88	17.9%

	Does your counseling center utilize students in your outreach strategy? (D031)	Are students directly involved in your counseling centers strategic planning? (D032)
	Yes	Yes
Under 1,500	67.7%	24.6%
1,501 - 2,500	71.2%	10.6%
2,501 - 5,000	65.2%	16.0%
5,001 - 7,500	56.9%	10.0%
7,501 - 10,000	63.2%	18.4%
10,001 - 15,000	55.1%	22.4%
15,001 - 20,000	67.6%	13.5%
20,001 - 25,000	75.0%	21.9%
25,001 - 30,000	79.2%	8.7%
30,001 - 35,000	92.3%	38.5%
35,001 and over	83.3%	33.3%

	Yes	Percent
Does your campus have a student mental health student organization? (D030)	229	46.6%
Are there trained peer counselors on your campus? (D033)	148	30.1%
Are students provided gatekeeper training on your campus? (D034)	274	56.7%

	Does your campus have a student mental health student organization? (D030) Yes	Are there trained peer counselors on your campus? (D033) Yes	Are students provided gatekeeper training on your campus? (D034) Yes	
Under 1,500	24.2%	19.4%	52.3%	
1,501 - 2,500	40.9%	28.8%	47.0%	
2,501 - 5,000	34.0%	21.1%	44.7%	
5,001 - 7,500	38.0%	24.5%	56.5%	
7,501 - 10,000	51.4%	42.1%	68.4%	
10,001 - 15,000	55.1%	42.9%	55.3%	
15,001 - 20,000	56.8%	35.1%	73.0%	
20,001 - 25,000	67.7%	25.0%	56.7%	
25,001 - 30,000	58.3%	22.7%	73.9%	
30,001 - 35,000	76.9%	46.2%	61.5%	
35,001 and over	95.8%	62.5%	83.3%	

Does your center have an "embedded" or "counselor in residence" position (e.g. in academic department; residence hall)? (D035)						
Count Percent						
Yes	34	6.9%				
No						

	Does your center have an "embedded" or "counselor in residence" position (e.g. in academic department; residence hall)? (D035)
	Yes
Under 1,500	0.0%
1,501 - 2,500	7.7%
2,501 - 5,000	2.1%
5,001 - 7,500	4.0%
7,501 - 10,000	7.9%
10,001 - 15,000	4.1%
15,001 - 20,000	5.4%
20,001 - 25,000	12.5%
25,001 - 30,000	20.8%
30,001 - 35,000	15.4%
35,001 and over	29.2%

Is your center accredited by IACS? (D037)	Count	Percent
Yes	113	23.0%
No	378	67.0%

	Is your center accredited by IACS?						
	Yes No						
	Count	Percentage	Count	Percent			
Under 1,500	1	0.9%	66	17.5%			
1,501 - 2,500	6	5.3%	58	15.3%			
2,501 - 5,000	7	6.2%	88	23.3%			
5,001 - 7,500	10	8.8%	39	10.3%			
7,501 - 10,000	12	10.6%	25	6.6%			
10,001 - 15,000	17	15.0%	32	8.5%			
15,001 - 20,000	14	12.4%	23	6.1%			
20,001 - 25,000	13	11.5%	19	5.0%			
25,001 - 30,000	12	10.6%	12	3.2%			
30,001 - 35,000	7	6.2%	6	1.6%			
35,001 and over	14	12.4%	10	2.6%			

"Yes" – Reasons (D038)					
	Count	Percentage			
Quality Assurance / external validation / standard of practice / compliance with national standards	72	63.7			
Enhance credibility / status on campus	4	3.5			
IACS aids in arguments for staff and other funding increases	12	10.6			
Valued / respected by administration / supervisor	11	9.7			
Evidence of commitment to international standards	4	3.5			
National recognition/prestige	2	1.8			

"No" – Reasons (D039)						
	Count	Percentage				
Application in process - planning in upcoming years	37	10.0				
Cost	43	11.6				
Single Person Center	20	5.4				
Not enough time to complete	16	4.3				
Not required / not interested / never applied	53	14.3				
Brand new center	2	.5				
Lack of support by administration / not valued by administration	19	5.1				
Not applying as do not see center as meeting minimum standards	30	8.1				
Small center	67	18.1				
Accredited by other agency	20	5.4				
New Director, do not know about IACS	13	3.5				
Don't see benefit to accreditation	25	6.7				
Other (Specify Below)	26	7.0				
Total	371	100.0				

Is your center currently involved in the Center for Collegiate Mental Health (D040)	Count	Percent
My center is currently involved with CCMH	93	25.0%
My center plans to be involved with CCMH	30	8.1%
My center may decide to be involved with CCMH	91	24.5%
My center does not plan to be involved with CCMH	33	8.9%
I do not know enough about CCMH to be able to say.	125	33.6%

	CCMH Involvement by School Size (D040 x D021)										
		,	2,501 - 5,000		7,501 - 10,000	10,001 - 15,000	,	,	,	30,001 - 35,000	35,001 and over
Currently involved	10.8	25.9	16.5	35.9	20.0	12.9	30.4	52.6	27.3	100.0	80.0
Plan to be involved	1.5	12.1	5.9	7.7	16.0	12.9	8.7	10. 5	18.2	0.0	0.0
May be involved	20.0	17.2	31.8	25.6	28.0	32.3	26.1	10.5	45.5	0.0	10.0
No plan to be involved	13.8	3.4	9.4	5.1	20.0	6.5	4.3	15.8	0.0	0.0	10.0
Don't know enough	53.8	41.4	36.5	25.6	16.0	35.5	30.4	10.5	9.1	0.0	0.0

If your center uses a suicide prevention protocol, please indicate which best describes what you do (MR046)	Count	Percent
QPR	157	31.6%
Campus Connect	40	8.0%
Ask Listen Refer	30	6.0%
Applied Suicide Intervention Skills Training (ASSIST)	24	4.8%
At-Risk for University and College Faculty (Kognito)	43	8.7%
Mental Health First Aid	47	9.5%
Collaborative Assessment and Management of Suicidality	31	6.2%
Locally developed model	108	21.7%
Other	25	5.0%

Other suicide prevention models (MR047_OT)
American Association of Suicidality Protocol
ASK
Ask Care Treat (Navy Model),
Columbia Suicide Severity Risk Scale
ISP - Interactive Screening Program
Notice and Respond (Cornell)
Red Folder (CSU-wide)
RRSR and mental health first aid across the campuses
SafeTALK
SLAP Model
Student Support Network

If your center uses an Alcohol/AOD prevention program please indicate which best describes what you do, check all that apply. (MR047)	Count	Percent
AlcoholEDU for College	116	23.3%
MyStudentBody.com	29	5.8%
Alcohol Skills Training Program (ASTP)	4	0.8%
Campus Clarity (Think About It)	32	6.4%
BASICS	138	27.8%
Choices	29	5.8%
eCheckup to go (ECHUG)	115	23.1%
Other	63	12.7%

Other AOD Prevention Programs (MR047_OT)
6 hr classes for alcohol, Marijuana; Bystander Intervention training; Second-hand effect campaign; Live Free Weekend
Alcohol 101
Alcohol Culture Explored Interactive Theatre- ACE IT!
Alcohol Wise
Arrive Alive/classroom presentation to freshmen
AUDIT
Campus Connect
Campus is alcohol free
Campus wellness programs involving surveys, awareness exercises, feedback Choice's is completed by our health promotion department which is also part of University Health Services. Other prevention programs include National Alcohol Screening Day, orientation programs, and special outreach events
College Alcohol Profile, both eCheckup to go for Alcohol and Marijuana,
Concordia System program
eTOKE
Red Watch Band
Judicial Educator Alcohol Module
Millennial
Navy Program: NADAP; PREVENT
PRIME For Life
Reslife.net - Judicial educator
SCARP
Small group, interactive/educational using BASICS and motivational interviewing
State-wide SPF/SIG Grant provided by SAMHSA
Step Up - bystander intervention
The Change Company
Thrive
TIPS
Titan Up the Party, Peer Health University Network (PHUN),
We co-facilitate the Dean of Students Office's Alcohol Education Seminar as required for students found in violation of the university alcohol use policy. A Counseling Center professional staff member, member of Dean of
We developed our own model using some materials from BASICS, Choices, e-Chug and e- Toke.
We were the first Missouri college/university to hire certified substance abuse therapist over twenty years ago. Our primary ATOD prevention program is home developed but includes ECHUG.

Clinical Staff Work Distribution (PA188-PA189)	Mean %	
 Direct Service (Individual/group counseling, intakes, assessment, crisis intervention, community based services) Indirect Service (Supervision, RA/peer/clinical training, consultation, case conferences, case notes and outreach) Administrative Service (Staff business meetings, committee work, center management, and professional development) 		
Other (Research, teaching, etc.)		
Direct Clinical Service – Expected	61.00%	
Direct Clinical Service – Actual	60.88%	
Indirect Clinical Service – Expected	22.11%	
Indirect Clinical Service – Actual	22.28%	
Administrative Service – Expected	13.56%	
Administrative Service – Actual	13.84%	
Other – Expected	3.33%	
Other – Actual	3.00%	

	Direct C Serv		Indirect (Serv		Adminis Serv		Oth	er
	Expected	Actual	Expected	Actual	Expected	Actual	Expected	Actual
	Mean	Mean	Mean	Mean	Mean	Mean	Mean	Mean
Under 1,500	61.4%	61.1%	20.7%	20.9%	14.8%	15.0%	3.1%	3.0%
1,501 - 2,500	64.7%	65.8%	19.5%	18.8%	13.5%	12.9%	2.3%	2.5%
2,501 - 5,000	61.7%	64.4%	22.0%	20.8%	13.2%	12.0%	3.1%	2.7%
5,001 - 7,500	60.1%	60.5%	23.5%	23.6%	12.7%	12.7%	3.6%	3.2%
7,501 - 10,000	61.5%	61.8%	21.4%	21.3%	13.2%	14.7%	3.9%	2.3%
10,001 - 15,000	59.7%	58.8%	22.4%	21.7%	13.8%	15.7%	4.0%	3.8%
15,001 - 20,000	59.5%	59.1%	23.2%	23.4%	13.2%	13.4%	4.1%	4.1%
20,001 - 25,000	58.9%	56.2%	24.2%	29.1%	13.6%	12.8%	3.3%	2.0%
25,001 - 30,000	60.3%	57.3%	23.4%	25.2%	12.4%	14.4%	3.8%	3.1%
30,001 - 35,000	57.5%	53.2%	27.0%	28.7%	12.5%	15.2%	3.0%	2.9%
35,001 and over	59.2%	55.4%	22.0%	23.7%	15.6%	17.0%	3.2%	3.9%

Are psychiatric services available on your campus? (D064)	Count	Percent
Yes, in the counseling center only	166	33.5%
Yes, in the student health center only	64	12.9%
Yes, in both counseling and student health Centers	39	7.9%
Yes, in other places on campus	1	0.2%
No, but we contract out for psychiatrists and pay fee	27	5.5%
No access to psychiatrists except as a private referral	163	32.9%
Other (Specify Below)	35	7.1%

Other Psychiatric Services (D064_OT)
A combination of the 2 "No" responses (i.e., we have a limited budget to pay for some
psychiatric evaluations, but most often students are financially responsible for their care.
Collaboration with faculty psychiatric nurse practitioner in counseling center only.
consultation only MD, PhD
Contracted services one day/month, but provides from our on-campus office.
For the past ten years we have a psychiatrist on retainer. He agrees to see our students within a two week period. He will see students immediately for
Free psychiatric service provider resident located in community mental health center through collaboration with medical school and nurse practitioner provider
Health Center Family Practice physician/nurse practitioner provides support for psychiatric referrals
In Health Services but we are an integrated department with distinct bi-located Health and Counseling Centers - not sure which to select
In our Counseling Center and through the university Medical Center's Department of Psychiatry (outpatient and inpatient) as also provided in the on-camp
NJ state mandated agreement with Monmouth Medical Center Psychiatric Emergency/Screening Services unit, Long Branch, NJ
No, but access to psychiatrists are free in Canada and fairly available for referrals through doctors. All health care is available and free of charge.
Nurse Practitioners are supervised by a community psychiatrist
One Part time psychiatrist - Counseling and medical services are part of Health Services.
Our full-time nurse practitioner in student health center can prescribe most psychotropic meds, refers out to psychiatrist in the community as needed
Our student health services is small and staffed by urgent care internal medicine clinicians who refer to their larger organization nearby when we have
psych-mental health nurse practitioner
Psychiatric Nurse Practitioner in Health Services
Psychiatric services are in the counseling center which is part of the student health center
Student health and university hospital department of psychiatry
Through Medical School with provider office in campus health services
We are strongly advocating for psychiatric hours, but currently our director of the health center
is willing to provide psychotropic meds for non-compliant

We are the first in the state college/university system to have Tele-med with a psychiatrist We contract with the only psychiatrist in this area, who holds 3 hours every other week for our students in his practice. He bills their insurance, and

We do not have access to psychiatrists but, as we are a Canadian Institution, the referral system is different

We have a contract with a psychiatrist, which allows quicker access for students and consultation. Students are responsible for their own fees.

We have a psychiatrist in the community who has agreed to see our students; our primary care physician occasionally prescribes (student health services)

Consulting Psychologists refers to Student Health for medical evaluation

Yes - in our merged counseling and health service

Yes, in the counseling center and through the Dept. of Behavioral Medicine and Psychiatry Yes, part of counseling center reporting structure but physically located in Health Services Yes, we have an integrated health and counseling center and psychiatric services are provided here

What is the quality of the relationship between the counseling center and psychiatry? (D065)	Count	Percent
Excellent	84	57.1%
Good	51	34.7%
Fair	10	6.8%
Poor	2	1.4%
Terrible	0	0.0%

Is your center administratively integrated within health services? (D068)	Count	Percent
Yes	127	26.2%
No	358	73.8%

Is your center located adjacent or near health services? (D069)	Count	Percent
Yes	266	55.8%
No	211	44.2%

Is your center located in a health services building? (D070)	Count	Percent
Yes	152	31.1%
No	336	68.9%

Are you the chief administrator over health services? (D072)	Count	Percent
Yes	77	16.0%
No	404	84.0%

Do you and your health services share an electronic medical records system? (D073)	Count	Percent
Yes	84	17.4%
No	398	82.6%

Do you and your health services share access to your counseling records without needing additional informed consent? (D074)	Count	Percent
Yes	65	13.6%
Only Psychiatry	30	6.3%
No	384	80.2%

Degree of Counseling and Health Service Collaboration X Proximity and Resource Sharing (D068-D074)										
		My counseling center collaborates with health services (D071)							alth	
		Exte	nsively	A fair	amount	Α	little	No	t at all	
		n	%	n	%	n	%	n	%	
Is your center administratively integrated	Yes	64	51.6%	52	41.9%	8	6.5%	0	0.0%	
within health services?	No	72	20.8%	153	44.2%	83	24.0%	38	11.0%	
Is your center located	Yes	90	34.2%	134	51.0%	35	13.3%	4	1.5%	
adjacent or near health services?	No	39	19.4%	73	36.3%	55	27.4%	34	16.9%	
Is your center located in a	Yes	66	44.0%	71	47.3%	13	8.7%	0	0.0%	
health services building?	No	71	21.9%	136	42.0%	78	24.1%	39	12.0%	
Are you the chief administrator over health	Yes	38	50.0%	31	40.8%	7	9.2%	0	0.0%	
services?	No	99	24.9%	178	44.8%	81	20.4%	39	9.8%	
Do you and your health services share an	Yes	41	50.6%	35	43.2%	5	6.2%	0	0.0%	
electronic medical records system?	No	96	24.4%	172	43.8%	86	21.9%	39	9.9%	
Do you and your health	Yes	39	61.9%	20	31.7%	4	6.3%	0	0.0%	
services share access to your counseling records without needing additional	Only Psyc h	8	27.6%	20	69.0%	1	3.4%	0	0.0%	
informed consent?	No	88	23.2%	167	43.9%	86	22.6%	39	10.3%	

Quality of Counseling and Health Services Relationship X Proximity and Resource Sharing											
		Wh	at is t						nship b hiatry?		
			ellent		ood		Fair		Poor	Г` —	rrible
		n	%	n	%	n	%	n	%	n	%
Is your center located adjacent	Yes	62	77%	25	50%	6	60%	1	50%	0	0%
or near health services?	No	19	24%	25	50%	4	40%	1	50%	0	0%
Is your center located in a health services building?	Yes	42	51%	10	20%	3	30%	1	50%	0	0%
	No	41	49%	40	80%	7	70%	1	50%	0	0%
Are you the chief administrator	Yes	14	17%	3	6%	2	20%	0	0%	0	0%
over health services?	No	69	83%	48	94%	8	80%	2	100%	0	0%
Do you report to the Director of	Yes	13	16%	2	4%	0	0%	0	0%	0	0%
Health Services?	No	69	84%	49	96%	9	100%	2	100%	0	0%
Do you and your health services share an electronic medical	Yes	26	31%	10	20%	0	0%	0	0%	0	0%
records system?	No	58	69%	40	80%	10	100%	2	100%	0	0%
Do you and your health services share access to your counseling records without needing additional informed consent?	Yes	22	27%	9	18%	1	10%	0	0%	0	0%
	Only Psych	16	19%	3	6%	0	0%	0	0%	0	0%
	No	45	54%	39	77%	9	90%	2	100%	0	0%

How would you c	How would you characterize the number of psychiatric hours that are available on your campus? (D067 x D021)										
	none.	ey are xistent or lequate.	We definitely could use more hours based on our clients' needs.	We are about where we should be for this size campus.	We have more psychiatric consulting hours than we need.						
Under 1,500	n	22	5	14	0						
	%	53.7%	12.2%	34.1%	0.0%						
1,501 - 2,500	n	24	12	16	0						
.,	%	46.2%	23.1%	30.8%	0.0%						
2,501 - 5,000	n	16	27	23	1						
2,001 0,000	%	23.9%	40.3%	34.3%	1.5%						
5,001 - 7,500	n	10		13	1						
0,001 1,000	%	24.4%	41.5%	31.7%	2.4%						
7,501 - 10,000	n	9	16	11	0						
1,001 10,000	%	25.0%	44.4%	30.6%	0.0%						
10,001 - 15,000	n	6	23	14	1						
10,001 10,000	%	13.6%	52.3%	31.8%	2.3%						
15,001 - 20,000	n	7	13	15	0						
10,001 20,000	%	20.0%	37.1%	42.9%	0.0%						
20,001 - 25,000	n	4	16	9	2						
20,001 - 20,000	%	12.9%	51.6%	29.0%	6.5%						
25,001 - 30,000	n	2	18	4	0						
20,001 - 30,000	%	8.3%	75.0%	16.7%	0.0%						
30,001 - 35,000	n	0	10	3	0						
30,001 - 33,000	%	0.0%	76.9%	23.1%	0.0%						
25 001 and over	n	1	18	5	0						
35,001 and over	%	4.2%	75.0%	20.8%	0.0%						

Services Offered (MR109_1 – MR109_21)		Count	Percent
On-campus services: Personal counseling to all students	Yes	487	99.0%
On-campus services: Consultation	Yes	462	93.9%
On-campus services: Workshops	Yes	433	88.0%
On-campus services: Couples counseling	Yes	401	81.5%
On-campus services: Therapy groups	Yes	346	70.3%
On-campus services: Structured groups	Yes	322	65.5%
On-campus services: Sexual assault prevention	Yes	265	53.9%
On-campus services: AOD prevention	Yes	228	46.4%
On-campus services: Sexual assault advocacy	Yes	218	44.3%
On-campus services: Psychiatry	Yes	215	43.9%
On-campus services: Psychological testing and assessment	Yes	170	34.6%
On-campus services: Career counseling to students	Yes	145	29.5%
On-campus services: Individual study skills counseling	Yes	135	27.4%
On-campus services: Biofeedback	Yes	104	21.1%
On-campus services: ADHD testing and assessment	Yes	99	20.1%
On-campus services: Study skills workshops	Yes	99	20.1%
On-campus services: Career testing to students	Yes	96	19.5%
On-campus services: Family Therapy	Yes	79	16.1%
On-campus services: Teaching (Staff member does not receive additional pay for teaching class)	Yes	78	15.0%
On-campus services: Yoga	Yes	67	13.6%
On-campus services: Learning Disabilities testing and assessment	Yes	61	12.5%

Service Fees (D110-D126)	Count	Percent
Personal counseling	39	7.9%
Personal counseling, fee after certain number of sessions	33	6.9%
Couples counseling	43	8.8%
Family therapy	11	2.3%
Psychiatry	65	13.5%
Career counseling	9	1.9%
Career testing	26	5.4%
Therapy groups	24	5.0%
Structured groups	27	5.6%
Psychological testing and assessment	56	11.8%
ADHD testing and assessment	54	11.3%
Learning Disabilities testing and assessment	38	8.0%
Teaching (Staff member does not receive additional pay for teaching class)	15	3.2%
Consultation	19	3.9%
Workshops	24	5.0%
Biofeedback	5	1.1%
Yoga	8	1.7%

Fee for missed appointments (D160 - D163	n	%	Min	Max	Mean	
Do you obarge a fee for missed thereby appaiene?	Yes	76	16.7%	\$5	\$50	\$19
Do you charge a fee for missed <u>therapy</u> sessions?	No	379	83.3%			
Do you charge a fee for missed psychiatry	Yes	81	22.1%	\$5	\$160	\$38
sessions?	No	285	77.9%			

Does y	Does your Institution charge a mandatory fee supporting center services? (If yes, please note % supported.) (D127)												
	School Status												
	2-year community college	Art school	4-year public university	4-year public college	4-year private university	4-year private college	Other						
% funded by a fee	Count	Count	Count	Count	Count	Count	Count						
100%	5	1	41	7	28	11	3						
75%-99%	0	0	28	3	6	1	1						
50%-74%	0	0	16	0	4	1	0						
25%-49%	0	1	12	1	0	3	1						
1%-24%	1	2	10	3	10	7	4						
0%	12	5	72	13	67	57	12						

If yes, your Cente	If yes, your Center is supported by a mandatory fee, does the support come from a fee									
for: (D128)										
	2-year		4-year	4-year	4-year	4-year				
	community	Art	public	public	private	private				
	college	school	university	college	university	college	Other			
Counseling	1	0	13	1	1	0	3			
Services		0	13		4	0	3			
Health services	2	2	62	9	21	9	2			
Student activities	3	2	33	3	23	12	4			
Testing Services										
students (not part	0	0	0	0	0	0	0			
of Counseling)										
Other (Specify	0	0	0	1	8	2	0			
Below)	0	0	9		0	2	0			

Do you collect third party payments for counseling? (D129)									
	2-year community	Art	4-year public	4-year public	4-year private	4-year private			
	college	school	university	college	university	college	Other		
Yes	0	1	11	0	3	2	1		
No	22	8	178	29	124	86	24		
Gross Income: (NA130)			\$123,917		\$20,750				

Has your center received funding from grants or contracts this past year? (NA131)	Count
Yes	114
No	361

If yes, your center HAS received funding from grants or contracts this pa year, estimate earnings: (NA132)	ast Count
< \$1,000	3
\$1,000 - \$9,999	32
\$10,000 - \$25,000	18
\$30,000 - \$49,000	8
\$50,000 - \$99,999	8
\$100,00 - \$149,000	16
\$150,000 – \$200,000	5
>\$200,000	3
GRAND TOTAL	\$5,614,630

What has been the status of your centers budget in the past year? - <u>Salaries</u> (cost of living or merit): (D133)	Count	Percent
Decreased 7% or more	2	0.4%
Decreased 4 - 6%	7	1.5%
Decreased 1 - 3%	21	4.4%
Stayed the same	163	34.2%
Increased 1 - 3%	243	50.9%
Increased 4 - 6%	31	6.5%
Increased 7% or more	10	2.1%

What has been the status of your centers budget in the past year? - <u>Operating Budget</u> : (D134)	Count	Percent
Decreased 7% or more	22	4.6%
Decreased 4 - 6%	26	5.5%
Decreased 1 - 3%	38	8.0%
Stayed the same	299	62.7%
Increased 1 - 3%	58	12.2%
Increased 4 - 6%	19	4.0%
Increased 7% or more	15	3.1%

Do you limit the number of counseling sessions allowed a client? (D135)	Count	Percent
Yes	55	11.2%
Yes, flexible	189	38.4%
No	248	50.4%

Do you have waitlist clients waiting to receive ongoing treatment? (N138)	Count
Yes	150
No	340

	How many weeks in the year does your waitlist occur (mean)? (SA139)	What was the maximum number of clients on the waitlist during the year (mean)? (SA140)
Under 1,500	7	8
1,501 - 2,500	8	10
2,501 - 5,000	10	12
5,001 - 7,500	8	16
7,501 - 10,000	14	40
10,001 - 15,000	14	32
15,001 - 20,000	18	46
20,001 - 25,000	16	38
25,001 - 30,000	20	61
30,001 - 35,000	21	43
35,001 and over	18	61

Have all waitlist clients received a complete intake? (D141)	Count
Yes	100
No	66

If you have a waitlist who retains responsibility for clients on the waitlist? (D142)	Count
The triage person retain clinical responsibility for disposition of the client	31
A case manager is clinically responsible for disposition of the client	7
A staff team is clinically responsible for disposition of the client	40
A Clinical Director or other individual is clinically responsible for disposition of the client	63
Other (Specify Below)	26

Do you provide telepsychology provision of clinical services?					
	Count	Percent			
Yes	31	6.6%			
No	440	93.4%			
Description of Services					
We are beta testing TAO (Therapy Assisted Online)					
After hours crisis line for residential students only					
Currently we offer online counseling to distance ed, online programs, commu individuals who may have difficulty in getting to the center. We offer encrypte counseling through a product called Vee See. We are exploring now buying					
For students studying abroad					
In crisis situations at our education centers, we are available to work with stu telephone or through web cam counseling services.	idents thro	ough the			
Interactive Screening Program					
pilot in 2015.	Launched program last year with workshops and consultation online. Launching direct service pilot in 2015.				
Occasionally skype with students who are abroad to help them connect in wire respective study away country.	•••				
Online counseling services are provided for the online Bachelor's program as launched to distance learners. We use Titanium web-based intakes, and cor session via private collaborate session.					
Online materials, email consultation					
Only crisis calls, not a regular form of treatment					
Only in the sense of email conversation to make appointments, and follow up questions	p re: clinic	al			
Our counselors are certified to provide online services.					
Crisis Hotline Availability					
		Count			

		Count
Is there an active crisis hotline available in your community that	Yes	404
students can use?	No	60
Is there an active crisis hotline available provided by your campus	Yes	175
students can use?	No	290

Has your center transitioned away from the DSM-V to the ICD-9/ICD-10?					
Count Perce					
No. We do not use either	160	34.7%			
No. We will continue to use the DSM	246	53.4%			
Yes. We are beginning the transition	37	8.0%			
Yes. We made the transition and are now using the ICD-9/ICD-10	18	3.9%			

Clinical Service Rates

Does your center's evaluation form include a question that asks students if counseling has helped with their academic performance?	Count	Percent
Yes	347	74.0%
No	122	26.0%
If yes, what percentage responded positively?	69.9%	

How many sessions of individual therapy (NA143 - NA147)									
n Mean Min Max Sum %									
did your center provide?	423	3544	40	31755	1499162	76.5%			
did clients not show for?	330	425	0	3143	140167	8.6%			
did clients cancel?	314	358	0	5594	112480	7.0%			
did clients reschedule?	271	268	0	1947	72717	4.6%			
did counselors cancel or reschedule?	274	186	0	1256	51020	3.3%			

Individual Therapy Show Data (NA143 to NA147)						
	How many sessions of individual therapy did you provide?	How many sessions of individual therapy did client not show for?	How many sessions of individual therapy did client cancel?	How many sessions of individual therapy did client reschedule?	How many sessions of individual therapy did counselors cancel or reschedule?	
Institution Size	Mean	Mean	Mean	Mean	Mean	
Under 1,500	857	88	49	37	17	
1,501 - 2,500	1565	183	96	83	51	
2,501 - 5,000	1624	197	143	140	80	
5,001 - 7,500	2377	295	266	174	132	
7,501 - 10,000	3361	371	246	186	144	
10,001 - 15,000	4673	555	493	327	247	
15,001 - 20,000	5067	653	433	395	220	
20,001 - 25,000	6543	607	464	355	272	
25,001 - 30,000	7301	844	636	580	361	
30,001 - 35,000	8665	828	1106	528	396	
35,001 and over	10388	1176	1259	916	662	

Utilization Rates Overview	Mean	Minimum	Maximum	Sum
How many students did your center serve this past year?	816.25	15	6658	338,744
What is the total number of sessions provided by your center (NOT including medication management)?	4058.68	100	34849	1,854,815
What is the total number of sessions provided by your center (including medication management)?	4418.06	100	39527	2,019,055
What is the average number of sessions per client?	5.91	1.98	20.00	N/A
How many total student group contacts did your center provide last year (12 student attending one group = 12)?	680.20	2	7993	174,812
What percent of your student body did your center serve this past year?	10.04	.63	48.63	N/A

Number o	Number of students served by school size										
Institution Size	Mean	Median	Minimum	Maximum							
Under 1,500	151	132	19	400							
1,501 - 2,500	302	273	15	720							
2,501 - 5,000	323	288	20	1251							
5,001 - 7,500	517	481	58	1200							
7,501 - 10,000	851	642	301	4377							
10,001 - 15,000	1005	968	101	3547							
15,001 - 20,000	1145	1188	112	2292							
20,001 - 25,000	1423	1237	396	4026							
25,001 - 30,000	1699	1466	756	4604							
30,001 - 35,000	2118	1730	827	4104							
35,001 and over	3162	3039	1525	6658							

	sessi	g medication	sess (Including	What is the total number of sessions? (Including medication management)?		
	Mean	Median	Mean	Median		
Under 1,500	920	728	942	789		
1,501 - 2,500	1644	1446	1705	1472		
2,501 - 5,000	1812	1600	1955	1672		
5,001 - 7,500	2536	2536 2051		2097		
7,501 - 10,000	3604	3066	3884	3252		
10,001 - 15,000	5038	4343	5589	4682		
15,001 - 20,000	5766	5406	6220	6415		
20,001 - 25,000	7429	5623	8099	5988		
25,001 - 30,000	9135	8652	10301	8697		
30,001 - 35,000	10936	9363	11692	9363		
35,001 and over	13702	12113	15068	12526		

Number of group con	tacts by schoo	l size (12 stude	nt attending one	group = 12)
	Mean	Mean Median		Maximum
Under 1,500	44	20	2	450
1,501 - 2,500	164	100	2	1034
2,501 - 5,000	310	64	3	4937
5,001 - 7,500	496	130	3	5200
7,501 - 10,000	485	212	8	4346
10,001 - 15,000	541	255	2	4180
15,001 - 20,000	1115	603	65	7993
20,001 - 25,000	598	549	2	1637
25,001 - 30,000	1154	602	30	5511
30,001 - 35,000	2037	1181	503	5846
35,001 and over	2063	1700	215	6831

Percent of student body served by school size										
	Count Mean Median Minimum									
Under 1,500	57	16.22	14.80	2.64	46.39					
1,501 - 2,500	55	14.52	13.82	.63	30.00					
2,501 - 5,000	80	9.13	7.66	.70	31.14					
5,001 - 7,500	39	8.16	7.60	1.10	18.46					
7,501 - 10,000	36	9.81	7.38	3.23	48.63					
10,001 - 15,000	42	8.21	7.63	.88	27.87					
15,001 - 20,000	27	6.87	7.51	.72	14.33					
20,001 - 25,000	24	6.31	5.41	1.81	18.30					
25,001 - 30,000	21	6.28	5.56	2.56	18.04					
30,001 - 35,000	13	6.60	5.55	2.58	13.02					
35,001 and over	21	6.77	6.39	4.03	11.63					

Aver	Average number of sessions by school size										
	Count	Mean	Median	Minimum	Maximum						
Under 1,500	56	5.98	5.62	1.98	15.00						
1,501 - 2,500	55	6.10	5.88	2.06	14.25						
2,501 - 5,000	80	6.28	5.81	2.38	20.00						
5,001 - 7,500	39	5.82	5.23	2.73	12.07						
7,501 - 10,000	35	4.99	4.86	2.18	8.99						
10,001 - 15,000	42	5.96	5.77	3.05	11.03						
15,001 - 20,000	27	5.93	5.85	3.02	9.78						
20,001 - 25,000	24	6.16	6.06	3.44	11.29						
25,001 - 30,000	21	6.19	5.91	3.41	9.20						
30,001 - 35,000	13	5.53	5.49	2.53	7.66						
35,001 and over	21	5.00	4.78	2.30	9.14						

Percent of Counseling Center Students with Presenting Concern								
	Mean %	Median %						
Anxiety	47.42	48.5						
Depression	39.77	40.0						
Relationship issues	33.65	30.0						
Taking psychotropic medication	25.24	25.0						
Suicidal thoughts/behaviors	18.23	15.6						
Had extensive or significant prior treatment histories	14.79	10.0						
Engaging in self-injury	12.12	10.0						
Alcohol abuse/dependence	10.67	8.5						
Learning disability	9.45	5.0						
ADD or ADHD	9.45	7.0						
Sexual/physical assault/acquaintance rape	9.19	5.0						
Substance abuse/dependence other than alcohol	7.95	5.0						
Eating disorders	7.83	5.0						
Issues of oppression (racism, sexism, homophobia, etc.)	6.63	5.0						
Being "stalked"	2.49	1.0						

		Frequ	uency o	of Critic	cal Incid	dent by	School	Size n =	= 318			
Enrollment	Under 1,500	1,501 -	2,501	5,001 -	7,501 -	10,001 -	15,001 -	20,001	25,001 -	30,001	35,001 and	
	1,000	2,500	5,000	7,500	10,000	15,000	20,000	25,000	30,000	35,000	over	
	Mean	Mean			Mean		Mean	Mean	Mean	Mean	Mean	
N N	What is the number of students who: Were placed on medical leave for psychological reasons? (NA347-NA348)											
Campus	5	11	9	24	32	35	71	115	9		200	
Center	4	8	6	14	35	20	28	52	11		63	
Contor	•		_			:	udents	:	1	•	00	
Were ho	ospitaliz	zed (or							nt for h	ospitaliz	ation)	
							(NA349					
Campus	4	8	8	11	18	24	30	41	40	120	80	
Center	3	5	5	8	10	16	15	33	14	25	25	
How	many c	occasio	ons wer	e stud	ents inv	olunta/	rily hos	oitalized	l for psy	vchologi	ical	
reaso	ns? (no	t a cou	nt of th	he stud	lents bi	it of the	e hospit	alization	ns)? (NA	351-NA	352)	
Campus	2	3	3	4	8	8	6	25	16	78	29	
Center	2	3	2	3	5	5	1	10	8	21	9	
			Wha	at is the	e numb	er of st	udents	who:				
		We	ere invo	oluntar	ily hosp	pitalized	1? (NA3	53-NA3	54)		1	
Campus	2	4	2	3	4	6	2	19	9	75	27	
Center	2	4	3	2	5	4	2	15	2	22	5	
			Wha	at is the	e numb	er of st	udents	who:				
			Att	empted	d suicia	le? (NA	355-NA3	356)	ſ	T	r	
Campus	2	4	3	4	4	7	4	18	21		2	
Center	2	2	2	4	7	5	6	9	5		5	
							udents					
			D	ied by	<u>suicide</u>	? (NA3	57-NA35					
Campus	1	•	1	1	1	2	1	2	2	4	4	
Center		•	1	1	1	1	2		1	2	2	
							udents 359-NA					
Campus	2	1	1	2	1	2	3	3	5	6	5	
Center	1	•		1	1	1		1	1			
							udents	-				
		<u> </u>	Died by	<u>some</u>			<u>(NA361</u>	í	[Ī		
Campus	1	1	1	1	2	2	2	3	4	•	5	
Center	1	2	1	1	•	1	1	1	1		1	

Target Population Outreach – Qualitative Assessment

In the following section we analyzed **795 separate responses** which included over 11,000 words representing outreach approaches from a range of campuses. In each category campus counseling center directors were asked if the group was considered an **underserved population**, "what steps is your center taking to reach out to this group?" We summarize **themes** that emerge as counseling centers report on the most **common approaches to reaching specific groups**. We also include some **specific examples of new or interesting approaches** centers have developed on individual campuses. As elsewhere the parenthetical letter-number codes are provided for reference. Most common efforts to reach underserved and at-risk populations include:

- Staffing to match demographic(s)
- Targets counseling and support groups
- Topical guest speakers and presenters
- Participation on committees/taskforces/student groups

Black/African-American (LA384)

Of those centers that did indicate specific steps taken (N=71), the most frequent responses included intentional **outreach in-person or via e-mail** with an emphasis on connecting to existing student groups with large numbers of African-American students. Centers also frequently reported **collaboration with other departments** including offices of multicultural affairs and **hiring new staff** with expertise in working specifically with this population. A couple of centers reported attending academic department meetings as helpful to disseminating information about their resources.

American Indian/Native American (LA388)

Of those centers that did report on specific steps taken (N=48), the most frequent responses included intentional **outreach**. Several centers remarked that they did not keep statistics in this area and many noted the **difficulty of finding student groups** that either did not exist or had only a handful of members. Creation of **University-wide diversity teams** and opportunities to interact with students in non-clinical settings also emerged as a theme among some responses.

Asian/Asian American (LA392)

Of those centers that did indicate specific steps taken (N=72), the most frequent responses included **intentional outreach** with an emphasis on connecting to **existing student groups with large numbers of Asian or Asian American students**. Active **liaison relationships with international affairs offices** were also a prominent theme. A number of centers reported receiving additional **funding for new staff** with an Asian or Asian American background. One center put it succinctly, "(W)e hired an Asian psychologist with international student background and our rate of utilization with Asian American and international students has gone up. In previous surveys this was an underserved population (for us)." The creation of **informal "let's talk" type programs** inside or outside the counseling center were also reported at a handful of centers.

Latino/Latina (LA396)

Of those centers that did detail specific steps taken (N=75), the most frequent responses included **outreach activities** and working with other organizations. Specifically, several reports indicated counseling center staff **advocated for multicultural centers** on campus. As with other groups, a number of centers reported receiving additional **funding for new staff**, in this case benefiting from **bilingual staff** especially. **Liaison relationships with Latino/Latina serving student organizations** also emerged as a theme.

White (LA400)

Of those centers that did report on specific steps taken (N=10), the themes that emerged most were related to the **intersection of gender and ethnicity**. One center reported, "(We) have begun to discuss **white men as an underserved group**, (and we are) planning for outreach". Another center reported on white students in general that, "even though the **overall student body percentage has declined in this category** from last year, the counseling center percentage has increased by 4%."

Multiracial (LA404)

Of those centers that did indicate specific steps taken (N=33), the most frequent responses included most frequent responses included **intentional outreach** with an emphasis on connecting to **existing student groups with large numbers of multicultural students**. Active **liaison relationships** were also a prominent theme, as was **training** for staff working in the counseling center. Responses to this question echoed the themes of responses to various cultural groups.

Other Race/Ethnicity (LA408)

Of those centers that did respond to the question about specific steps taken (N=20), the most frequent responses included outreach to groups specific to each campus or a suggestion that this area had already been addressed in the multiracial category. On center reported, "**outreach to minority students through respective organizations** and to office of multicultural affairs and to office of international programs" was the primary steps taken.

Male (LA412)

More directors provided specific answers to the question about outreach to male students than any other subgroup. Of those centers that did indicate specific steps taken (N=85), the most frequent responses included **Men's groups** and active outreach to, and programming for, men. Several campuses spoke about the importance of **having a male** therapist on staff, and one said, "we currently do not have a male therapist on staff, and would like to increase staff diversity to better reflect the campus diversity -- especially as we continue to get requests for male therapists." Addressing possible negative stigmas around therapy also emerged as a major theme.

Female (LA416)

The majority of centers did not provide a specific response on steps taken as **96% of centers do not consider females (and especially white females) an underserved population**. Of those centers that did indicated specific steps taken (N=7), multiple centers reported working with **campus women's centers** and one center reported "using **feminist therapy**" approaches.

Transgender (LA420)

Of those centers that did indicate specific steps taken (N=65), the most frequent responses included **educating staff** about transgender issues, and **reading important articles on university counseling centers working with transgender students**. Many also reported thing similar to this response: "the center partners with the diversity office on campus and participates in a variety of **outreach events targeted specifically to trans-identified and trans-questioning students**."

Gay (LA424)

Of those centers that did report on specific steps taken (N=72), the most frequent responses included **working with LGBT and gay student organizations.** Working with **LGBT resource centers** and providing outreach by email and support groups also emerged as an important theme. Some campuses provided **population specific support groups** and others encouraged student to participated in **general process groups**.

Lesbian (LA428)

Of those centers that did indicate specific steps taken (N=57), the most frequent responses included working with student groups and **LGBTQ centers on campus**, and outreach which includes "**staff regularly attends public functions** that support issues around sexual orientation." **Safe Zone trainings** and committees also emerged as an important theme.

Bisexual (LA432)

Of those centers that did speak to specific steps taken (N=57), the most frequent responses were **similar to those for working with lesbians**, included working with student groups and **LGBTQ student organizations and centers.** In this category several centers also reported **ally programs** were especially important.

Heterosexual (LA436)

The majority of centers did not provide a specific response on steps taken. As so few centers indicate specific steps taken (N=9), there were no consistent themes. Some centers did report, "they are the majority but sexuality is fluid so hard to quantify," and "we **do not ask student(s) to self-disclose**. (I) estimate that a **large percentage of the campus is heterosexual** but neither the college nor this office requests that information." Another director pointed out, "we probably have about 1-2 percent of students that (I) would consider **asexual** that are not indicated in this data."

Diagnosed Disability (LA440)

The majority of centers did not provide a specific response on steps taken. Of those centers that did indicated report on steps taken (N=42), the most frequent responses reported most campuses work closely with their **disabilities service center** and many campuses have disability services reporting to the director of the counseling center. "**Outreach, marketing, and committees**," also plays an important role in responding to students with a diagnosed disability. More than one center also described some form of "**presentations during student orientation**" or other outreach programs.

International Student (LA444)

Of those centers that did indicate specific steps taken (N=86), the most frequent responses included **working collaboratively with international student services**, thought several centers reported, "it has been difficult to get international students in based on cultural issues" and described some **negative stigma regarding counseling and help seeking behaviors among international students**. The importance of forming relationships with international students emerged as important, and outreach to student organizations which helped reduce stigma is a common approach. The **tension between formality** as important to perceiving counseling staff as experts and **informality** important in overcoming perception of counseling as only for more serious issues also appears as a reoccurring tension.

Student Athlete (LA448)

Of those centers that did indicate specific steps taken (N=36), the most frequent responses included regular **contact with athletic coaches** with an emphasis on "collaboration and information sharing with the athletics staff." **Specialized staff** also emerged as a theme, with some centers reporting, "we have a position on our staff that is a staff psychologist/sports psychologist-focus position that works very closely with the athletics department" and speaking about how a positive relationship with the athletics department/coaching staff encourage their "**referring** their athletes to (counseling) for additional support." "**Understanding athletic identity development**" is important, said one director. One center reported that they find they are "underserved for male athletes, not female athletes" and that they "**attend lots of athletic events**" as among the possible ways of developing **relationships and credibility**.

Greek Affiliated (LA452)

Of those centers that did respond (N=13), the most frequent responses indicated that there were not Greek organizations on the campus. Those centers who did develop specialized outreach reported they "have targeted them for liaison connections for outreach activities" and specific things like, "we have many students who are in the Greek organizations. (Our counseling center) has reached out to challenge Greek organizations in a contest to complete (suicide prevention training)," and working with their Inter-Fraternity Council they "made completion of gatekeeper training mandatory".

Military Veterans (LA456)

Of those centers that did indicate specific steps taken (N=62), the most frequent responses included activities collaboration with veterans affairs departments and "work with our office of multicultural life & diversity to increase referrals as well as increase our visibility on campus." Centers also reported they are "hoping to increase staff diversity to better reflect our student population." One campus reported they had "started veterans' resource project" and another said they "serve on a veterans committee" or several co-sponsored workshops. Importantly, multiple directors made the point that, "not all students want to acknowledge their military status, so the reliability of our utilization numbers may not be fully accurate", but added that "the university has undertaken extensive efforts to create a 'veteran friendly campus' including establishing an office of veteran's student affairs, providing a lot of programming and bringing in outside consultants to educate faculty and staff on veteran's issues." Several centers talked about their success with or goal to hire an additional male counselor, believing veterans were a largely male group. And, one international center made the point that, "we have very few veterans in Canada." Additionally, a number of counseling directors indicated collaborative efforts with The Center for Deployment Psychology and Veterans Integration To Academic Leadership (VITAL)

Former Foster Youth (LA460)

Of those centers that did respond to this question (N=17), the most frequent response indicated that **most centers did not identify this group** and had not taken any steps to reach out to them. One center did report, "University is **starting to explore** programs and support services for these students," and another stated, "we have a **dedicated psychologist** who serves as a **liaison** to our guardian scholars program, which is a supportive service provided." Another center reported they are working to, "develop a **method to identify former foster youth at registration/admission** to ensure that they are receiving all eligible services."

Sexual Assault Survivor (LA464)

Of those centers that did indicate specific steps taken (N=41), many centers reported having an **advisor role on a SART team**, being "heavily **involved in campus wide efforts**," and "maintaining and **publicizing** our **role as non-mandated reporters**." A number of centers also stressed the importance of **prevention efforts** in reducing cases of sexual assault on campus. Outreach emerged as a theme with an emphasis on collaboration and "**co-sponsorship** of programs (and) outreach programming initiatives". Many centers also reported on the importance of developing a "strong working relationship with sexual assault services on campus." Counseling centers also took a **helping role** in supporting larger departments' trainings with both **students and staff** "in this area in relation to **Title IX**," and though centers underscored the importance of having a **counseling center director with expertise in Title IX** for the benefits of the broader campus and the center staff, directors also emphasized focusing **on survivors** and being outside of the campus judicial process.

Supplemental Analyses

Utilization Rate: Percentage of Student Body Served				ent to Staff I , 60 th , 80 th pe		
		97-833	834-1174	1175-1640	1641-2414	2415+
	0-19	10.86	11.70	7.68	6.23	3.95
Percentage of Student	20-38	21.10	7.85	7.37	6.74	4.70
Body Living On-campus (25 th ,50 th , 75 th percentile)	39-69	14.59	15.12	11.09	7.51	5.03
(25,50,75 percentile)	70-100	17.78	14.08	9.99	6.89	-

Utilization Rate: Percentage of Student Body Served				Staff + Traii , 60 th , 80 th pe		
r crocinage of oracent body	Fercentage of Student Body Served		680-955	956-1328	1329-1832	1833+
Developed of Chudow	0-19	11.72	11.27	7.60	6.25	4.22
Percentage of Student	20-38	17.68	10.46	7.11	6.57	4.72
Body Living On-campus (25 th ,50 th , 75 th percentile)	39-69	17.65	11.09	10.80	6.91	3.66
	70-100	18.12	14.13	9.53	9.27	4.65

Utilization Ra Percentage or		Student to Staff Ratio (20 th , 40 th , 60 th , 80 th percentile)							
Body Served		97-833	834-1174	1175-1640	1641-2414	2415+			
	0 - 5.0	11.67	18.90	11.34	5.88	2.46			
	5.1 - 14.8	7.64	9.30	6.78	6.61	4.96			
Percentage	14.9 - 22.0		8.20	7.46	6.97	3.84			
of Student	22.1 - 30.0	24.94	7.92	7.01	5.75	4.87			
Body Living	30.1 - 38.4	19.57	9.65	7.04	6.87	6.44			
On-campus	38.5 - 45.6	12.18	8.11	9.98	7.66	5.53			
(10 th	45.7 - 60.0	16.30	20.78	9.80	7.61	4.05			
percentiles)	60.1 - 77.4	15.25	14.46	12.40	6.05	5.94			
	77.5 - 91.9	16.55	11.57	10.02	4.64	•			
	92.0 - 100	19.35	16.22	8.99	17.14				

Utilization Ra Percentage of		Student to Staff + Trainees Ratio (20 th , 40 th , 60 th , 80 th percentile)							
Body Served		97-679	680-955	956-1328	1329-1832	1833+			
	0 - 5.0	13.08	15.08	9.67	6.13	3.40			
	5.1 - 14.8	7.64	12.43	6.72	6.39	5.11			
Percentage	14.9 - 22.0		9.17	7.21	6.03	3.98			
of Student	22.1 - 30.0	19.70	7.23	7.88	6.43	4.08			
Body Living	30.1 - 38.4	15.66	14.64	5.64	7.23	6.44			
On-campus	38.5 - 45.6	13.58	8.58	9.17	8.09	4.79			
(10 th	45.7 - 60.0	20.08	12.56	10.33	6.17	1.40			
percentiles)	60.1 - 77.4	14.41	14.39	11.70	5.80				
	77.5 - 91.9	16.72	12.23	9.39	8.51	4.65			
	92.0 - 100	20.68	14.39	14.02	10.03				

Total Sessions Provided: <u>Not</u> Including Medication Management		Student to Staff Ratio (20 th , 40 th , 60 th , 80 th percentile)				
		97-833	834-1174	1175-1640	1641-2414	2415+
	Under 1,500	1066	847	512	801	-
	1,501 - 2,500	2049	1371	1117	104	1301
	2,501 - 5,000	2633	2040	1900	1311	514
	5,001 - 7,500	4855	3494	2375	2028	1335
Campus	7,501 - 10,000	7222	6598	3311	3230	2351
Enrollment	10,001 - 15,000	13736	7072	5438	4586	1804
	15,001 - 20,000	4632	9298	6670	6547	3060
	20,001 - 25,000	28503	8548	7495	6111	4293
	25,001 - 30,000		20640	11692	9643	6070
	30,001 - 35,000		23979	13429	10741	7783
	35,001 and over		34024	18455	12492	11929

Total Sessions Provided: Including Medication Management		Student to Staff Ratio (20 th , 40 th , 60 th , 80 th percentile)					
		97-833	834-1174	1175-1640	1641-2414	2415+	
Campus Enrollment	Under 1,500	1102	849	527	801		
	1,501 - 2,500	2155	1389	1167	104	1301	
	2,501 - 5,000	3090	2172	1981	1333	530	
	5,001 - 7,500	5913	3747	2552	2134	1422	
	7,501 - 10,000	8847	6623	3805	3350	2408	
	10,001 - 15,000	18382	8136	5835	4879	1845	
	15,001 - 20,000	4632	10158	7345	6990	3187	
	20,001 - 25,000	30261	9985	8342	7105	4251	
	25,001 - 30,000		26551	14895	10409	6483	
	30,001 - 35,000		25300	14520	11849	8336	
	35,001 and over		39527	22248	14092	12161	

Total Sessions Provided: <u>Not</u> Including Medication Management		Student to Staff + Trainee Ratio (20 th , 40 th , 60 th , 80 th percentile)				
		97-679	680-955	956-1328	1329-1832	1833+
Campus Enrollment	Under 1,500	1087	928	579	501	-
	1,501 - 2,500	2204	1315	1150	1250	104
	2,501 - 5,000	2837	2209	1711	1020	593
	5,001 - 7,500	4727	3141	2663	1681	1379
	7,501 - 10,000	8711	4433	3241	2928	2124
	10,001 - 15,000	10834	6324	5322	4553	1891
	15,001 - 20,000	8062	8542	6488	5964	2607
	20,001 - 25,000	34849	15353	7832	6454	3827
	25,001 - 30,000		20640	11083	10053	5618
	30,001 - 35,000		23979	13429	9939	6218
	35,001 and over		34024	18455	14677	9744

Total Sessions Provided: Including Medication Management		Student to Staff + Trainee Ratio (20 th , 40 th , 60 th , 80 th percentile)				
		97-679	680-955	956-1328	1329-1832	1833+
Campus Enrollment	Under 1,500	1121	941	593	501	-
	1,501 - 2,500	2320	1334	1173	1350	104
	2,501 - 5,000	3030	2505	1802	1033	606
	5,001 - 7,500	5223	3310	2950	1782	1444
	7,501 - 10,000	9549	4813	3442	3210	2180
	10,001 - 15,000	13541	6984	5944	4731	1928
	15,001 - 20,000	8062	9474	7216	6446	2640
	20,001 - 25,000	34849	17829	9303	6929	3798
	25,001 - 30,000		26551	13088	10749	6090
	30,001 - 35,000		25300	14520	11103	6272
	35,001 and over		39527	22248	15641	10612